

# Clinical Best Practices:

## WHAT WORKS FOR CLINICIANS IN THE TOUGHEST SITUATIONS

### Athens Area Psychological Association

#### Professional Development Series

### *Grand Rounds* 2017-2018

#### *Continuing Education*

Series includes:

Three 2-hour workshops  
Two 2-hour book club events  
with two alternative 2-hour  
book club events

*Sept. 15, 2017*

10-12

*Taylor Evans, PhD*

*(Workshop)*

#### **Autism Spectrum Disorders and Mental Health: Evidence and Ethics for Treatment**

This presentation will provide an up-to-date overview of the research and ethics surrounding treatment of mental health conditions in clients with ASD. This presentation will:

1. Help the clinician recognize the undiagnosed adult ASD client, identify barriers to treatments and the most common co-occurring mental health conditions, and review ethical considerations in treatment.
2. Discuss why typical treatments may not be as effective with this population and provide suggestions for modifying existing treatments with emphasis on Mindfulness Based Cognitive Therapy (MBCT).
3. Provide nationally and regionally specific resources.

*Oct. 20, 2017*

10-12

*Greg P. Strauss, PhD*

*(Workshop)*

#### **Negative Symptoms of Schizophrenia in Adults and Youth at Clinical High-Risk for Psychosis**

This presentation reviews the literature on the etiology, assessment, and treatment of negative symptoms in adults with schizophrenia and youth in the prodromal phase of psychosis. This presentation will:

1. Provide an overview of the 5 NIMH consensus domains of negative symptoms and how they are assessed
2. Review pathophysiological and psychological mechanisms contributing to the 5 negative symptom domains
3. Discuss recent developments in the treatment of negative symptoms

*Nov. 17, 2017 at Family Counseling 10-12 -OR- Nov. 17, 2015 at Dr. Bruckner's 1-3 (Book Club)*

*On Being a Master Therapist: Practicing What You Preach. Jeffrey A. Kottler, Ph.D.*

*Jan. 19, 2018 at Family Counseling 10-12 -OR- Feb. 16, 2018 at Dr. Bruckner's 1-3 (Book Club)*

*The Secret Life of the Grown-Up Brain: The Surprising Talents of the Middle-Aged Mind. Barbara Stauch, Ph.D.*

*Feb. 16, 2018*

10-12

*Josh Miller, PhD*

*(Workshop)*

#### **The Nomological Nets of Grandiose, Vulnerable Narcissism, and Narcissistic Personality Disorder**

This presentation will:

1. Be able to describe the traits, interpersonal styles, and psychopathological outcomes associated with different forms of narcissism
2. Discuss different assessment approaches related to narcissism and DSM-5; and
3. Understand clinical implications of different forms of narcissism

## CONTINUING EDUCATION

This professional development series qualifies for Area II:

Ongoing Peer  
Group Consultation

- There will be **10 hours** of programming on issues of Clinical best practices resulting in 10 CEUs.
- Certificates of completion will be awarded after fulfillment of requirements.

**IMPORTANT:** To receive CE credit, psychologists must be present for **at least 80% (4 out of 5)** programming activities.

## LOCATION

All **Workshops** will be held at  
FAMILY COUNSELING SERVICE, INC.  
1435 Oglethorpe Ave., Athens, GA 30606  
10:00 am -12:00 pm

Each **Book Club** event will be held twice  
*(participants may choose which to attend)*  
Once at Family Counseling Service 10:00 -12:00.  
& an alternate date at  
Dr. Judy Bruckner's home 1:00 – 3:00 pm.  
195 Deer Ridge, Athens, GA 30605  
**Need more information? Contact:**  
Amy K. Heesacker, PhD  
amykheesacker@gmail.com

## REGISTRATION & REFUND POLICY

**Note:** Space is **limited**.

**Cost:**  
\$100 AAPA Member  
\$150 Non-AAPA Member

**Register On-Line Aug. 1, 2017**  
[www.athenspsychology.org](http://www.athenspsychology.org)

We will issue full refunds for cancellations made by 5:00 pm, EDT, Sept 16, 2017.  
No refunds will be issued thereafter.  
If a program is cancelled for any reason, AAPA will not be responsible for any cancellation changes or charges assessed for travel. An alternate program or time will be re-scheduled.

**Taylor Evans, PhD, LCSW** is a clinical social worker in private practice in Athens, GA. Her academic and clinical backgrounds are varied: a Bachelors in Psychology and Disability Studies and an MSW from Ohio State University, and a PhD in Social Work with a Graduate Minor in Statistics from the University of Tennessee. She was trained at the Nisonger Center, a federally funded Center for Excellence in Neurodevelopmental Disabilities at OSU, and assisted in the formation of the Step By Step Academy, an autistic academy in Columbus, OH. She worked for many years providing in-home ABA therapy and served as a clinical supervisor at Norris Academy, a residential treatment facility for individuals dually diagnosed with a developmental disability and mental health disorder. Her research and clinical practice over the past 10+ years have focused primarily on stress, resiliency, and mental health in individuals with ASD and their families. Additionally, Taylor has training in mindfulness practices, which use meditation and CBT, and she modifies these techniques in order to ensure they are fully accessible to people with disabilities.

**Gregory P. Strauss, PhD**, is an Assistant Professor of Psychology at UGA. He received his PhD in Clinical Psychology from UNLV. His research focuses on the etiology, assessment, and treatment of negative symptoms in adults with schizophrenia and youth at clinical high-risk for developing a psychotic disorder (i.e., the prodromal phase). His research has been recognized by several recent early career awards, and he has over 90 publications. He also supervises graduate students in performing diagnostic and neuropsychological assessments of youth at clinical high-risk for psychosis within the newly developed Psychiatric Risk Evaluation Program (PREP) within UGA's Psychology Clinic.

**Josh Miller, PhD**, is a professor of psychology and Director of Clinical Training in the Department of Psychology at the University of Georgia. His research interests lie at the intersection of normal and pathological personality traits, with a specific focus on narcissistic and psychopathic personality disorders. He has published over 200 peer reviewed articles and book chapters and is currently an Associate Editor at the Journal of Abnormal Psychology.

**Clinical Best Practices: What Works for Clinicians in the Toughest Situations**